



USAGE

Biocidin®

MAY BE TAKEN WITH OLIVIREX®

Biocidin® LSF

MAY BE TAKEN WITH OLIVIREX®

Olivirex®

MAY BE TAKEN WITH BIOCIDIN®

Biotonic™

MAY BE TAKEN WITH BIOCIDIN® & OLIVIREX®

G.I. Detox™

1 HOUR APART FROM FOOD, SUPPLEMENTS & MEDICATIONS

Proflora® 4R

1 HOUR APART FROM OLIVIREX® OR G.I. DETOX™

BEGINNING

Adults: start with the Beginning dose before increasing to Moderate or Maximum usage

1-2 drops three times a day directly on the tongue or diluted in a ¼ cup of water or juice, ½ hour before meals.



1 capsule twice a day.



Mix 1 pump with 5 oz of water. Each oz of mixture contains 1 drop of Biocidin. Start with 1 tsp of diluted mixture the first dose, hold under the tongue for 30 seconds. If no strong reaction is felt, take another tsp in 3 hours, for a total of 3 tsp the first day. The following day repeat the same way, gradually increasing the amount of mixture taken per tolerance. Work up to using the entire 5 oz of mixture in one day. Very sensitive persons use 10 oz of water, for a greater dilution.



1 capsule twice a day.



10 drops twice a day.



For "mop-up" of die off reactions take 1 - 2 capsules 1 hour apart from food, supplements and medications.



1 capsule a day, at least 1 hour apart from Olivirex® or G.I. Detox™



~~OLIVIREX® G.I. DETOX™~~

For general cleansing use every 2 weeks for a 3 day period.

Convenient to take just before bedtime.

If you are using other probiotic products, take these with Proflora® at the same time to help improve their effectiveness.

Proflora® does not require refrigeration.

1 - 2 capsules three times a day with a large glass of water, between meals. Take at least 1 hour apart from food, supplements and medications.

2x / Month - 3 days



MODERATE

Adults: gradually work up to the Moderate usage for active infections

3-5 drops three times a day, ½ hr before meals.



1 capsule three times a day. ½ hr before meals.



Begin with 1 pump under the tongue per day, and gradually increase to 3 pumps a day.



2 capsules twice a day.



10 drops twice a day.



1 - 2 capsules three times a day with a large glass of water, between meals. Take at least 1 hour apart from food, supplements and medications.

2x / Month - 3 days



MAXIMUM

Adults: if needed and well tolerated, gradually work up to the Maximum usage and maintain until symptoms improve

6-10 drops three times a day, ½ hour before meals. Maintain until symptoms improve.



2 capsules three times day. ½ hr before meals.



2 pumps three times a day.



2 capsules three times a day in severe or acute cases until symptoms improve.



10 drops three times a day.



1 - 2 capsules three times a day with a large glass of water, between meals. Take at least 1 hour apart from food, supplements and medications.

2x / Month - 3 days



May be taken together
1 hour apart from food, supplements, or medications
1 hour apart from Olivirex® or G.I. Detox™

Sensitive patients may need to work up to the Beginning amount gradually, starting with half (or diluted) serving sizes.

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1 HOUR APART FROM FOOD, SUPPLEMENTS & MEDICATIONS

Proflora®4R

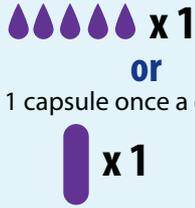
1 HOUR APART FROM OLIVIREX® OR G.I. DETOX™

USAGE

MAINTENANCE

Adults: for long-term immune support, after all symptoms resolve

5 drops once a day, ½ hour before meals.



1 pump once a day, 10 minutes before meals.



1 capsule once a day.



10 drops once a day.



Use twice a month for a 3 day period, 1-2 capsules three times a day with a large glass of water, between meals. Take at least 1 hour apart from food, supplements and medications.



1 capsule 3x per week apart from Olivirex® or G.I. Detox™



CHILDREN

Gradually work up to the doses listed for children less than age 12

Children under 12: 1 drop for every 10 lbs of body weight per day, in divided doses*. Take ½ hr before meals. Severe cases: up to 2 drops per 10 lbs per day may be used if well tolerated.

Maintenance: ½ drop per 10 lbs per day may be used for long-term immune support.

*Divided doses: Divide the dose to twice a day (a 40 lb child could take 2 drops AM and 2 drops PM, for a total of 4 drops a day.)

1 - 2  / 10lbs x 2

Dilute 1 pump into 5 oz of water. Each oz of mixture contains 1 drop of Biocidin. Start with 1 tsp of diluted mixture, per 10 lbs of body weight for the first dose, hold under the tongue for 30 seconds. If no strong reaction is felt, take the same dosage in 3 hours, for a total of 3 dosages the first day. Work up to 2 Tbsp per 10 lbs of body weight per day.* Take 10 minutes before meals. Severe cases: Up to 4 Tbsp of mixture per 10 lbs of body weight per day if tolerated. **Divided doses: divide the dose to twice a day. A 40 lb child could take 4 Tbsp morning and 4 Tbsp evening, for a total of 8 Tbsp/day.*

1 Tbsp / 10lbs x 2

Children ages 7 -12 that can swallow a capsule may use ½ capsule twice a day.



Teenagers may use 1 capsule twice a day.



Children ages 7 -12: 5 drops three times a day.



Teenagers may use 10 drops twice a day.



Children under 50 lbs: Use twice a month for a 3 day period. 1/2 capsule twice a day.

Eat a diet high in leafy greens and low in refined carbohydrates.

May be mixed with juice or other liquids.

2x / Month - 3 days



Children ages 7 - 12: 1 capsule a day, at least 1 hour apart from Olivirex® or G.I. Detox™



Children ages 2 - 7: 1/4 capsule 3x per day in food or drink.



Do not use Proflora®4R with children under 2.

OLIVIREX® G.I. DETOX™

PREGNANCY AND NURSING MOTHERS

Do not use during pregnancy. Breast feeding mothers may use at ½ the recommended adult dose if well tolerated.

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Not recommended for use during pregnancy.

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Do not use during pregnancy. May be used for breast feeding mothers.

SPECIAL PRECAUTIONS

Do not use before surgery as some herbs may have a blood thinning effect. Discontinue use should adverse reactions occur.

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